



The Sam Wetherill Trophy Race

Essex Yacht Club, Essex, CT

Friday August 12, 2016

Sailing Instructions

1. RULES

- a. This event will be governed by the current Racing Rules of Sailing, the prescriptions of the US Sailing Association and the Sailing Instructions
- b. For boats racing in the non-spinnaker classes, headsails must be attached along their length to the head stay by means of either hanks or a slotted head stay.
- c. The Race Committee (RC) will monitor and broadcast on VHF Ch. 69 throughout the race. Radio communications are for safety, convenience and courtesy. Only the RC may request redress for misunderstandings, errors or omissions that may result from such communications. *RRS 60.1 and RRS 62 are modified.*
- d. Appendix T, SECTIONS A and B will be in effect providing alternative penalties. *Appendix T1 changes the first two sentences of Rule 44.1 to: "A boat may take a One-turn Penalty when she may have broken a rule of Part 2 or rule 31 while racing. However, when she may have broken a rule of Part 2 while in the zone around a mark other than a starting mark, her penalty shall be a Two-Turn Penalty."*

2. NOTICE TO COMPETITORS

- a. Notice to competitors will be posted on the Official Regatta Bulletin Board located in the lobby of the Essex Yacht Club and on the event website.
- b. The event website address is <http://www.yachtscoring.com/emenu.cfm?eid=1655>

3. CHANGES TO SAILING INSTRUCTIONS

- a. Any change to the sailing instructions will be posted by 1200 on the day of the race.
- b. Changes to the sailing instructions will be broadcast on VHF Ch. 69 prior to the first warning signal.

4. SIGNALS MADE ASHORE

- a. A postponement or abandonment ashore will be signaled on the RC Signal Boat at the Essex Yacht Club with announcements on VHF Ch. 69.

5. CLASSES AND SCHEDULE OF RACES

- a. The fleet will be divided into Spinnaker and Non-Spinnaker classes

- b. The first warning signal is at 1900.
- c. Classes will be started in the numerical sequence of classes shown on the scratch sheet.

6. CLASS FLAGS

- a. Class Flags will be the International Numeral Pennants corresponding to each class designated by the Scratch Sheet. Competitors are requested but not required to fly a class flag.

7. STARTING AREA

- a. The Starting Area will be located approximately $\frac{1}{4}$ mile west of Saybrook Breakwater light at the mouth of the Connecticut River.
- b. Competitors shall check in with the RC boat once it is on station by passing on the side opposite the starting line from bow to stern and hailing your sail number.

8. COURSES

- a. The Race Committee shall signal the course to be sailed by displaying either code flag "A" or "B" on the RC boat and announcing the course on VHF Ch. 69 prior to the first warning signal. All classes shall sail the same course
- b. Course A: From the Start around Block Island leaving Block Island and Bell "1BI" to port and thence to the Finish
- c. Course B: From the Start around government mark GR "BIS" (approximately 7 miles NE of Montauk Light) to port and thence to the Finish
- d. Yachts shall not pass on the north side of Bell "8" off the Connecticut River on any leg of the course

9. THE START

- a. The Starting Line will be between an Orange flag on the Race Committee Boat and an inflatable mark.
- b. Boats whose warning signal has not been made shall keep clear of boats starting.
- c. The Race Committee will attempt to identify early starters by sail number or boat name on VHF Ch. 69.

10. THE FINISH

- a. The Race Committee boat shall be stationed approximately $\frac{1}{8}$ mile west of the Old Saybrook Breakwater light. The Finish Line will be between the orange flag on the Race Committee Boat and the Saybrook Breakwater light tower.
- b. Competitors are requested to advise the Race Committee by telephone of their estimated finish time when passing due south of Watch Hill, RI on the last leg of the course.

- c. If the Race Committee boat is not on station competitors shall record their own finish time when the Saybrook Breakwater light tower bears 090°M. Finish times shall be reported to the Race Committee by voice call or text message as soon as possible after finishing.
- d. A boat retiring from the race shall report their retirement at the first practical opportunity to the Race Committee by voice call or text message.
- e. The cellular telephone numbers to contact the Race Committee by voice call or text message are (860) 227-3923 or (860) 227-5143

11. PROTESTS

- a. A boat initiating a protest shall inform the Race Committee as they finish, stating the boat name and sail number they are protesting.
- b. Protests must be filed with the Race Committee no later than one hour after the Race Committee Boat docks. The official time will be posted on the Notice Board.

12. SCORING

- a. Boats will be scored using the "Time on Time" system.
- b. The Awards Ceremony will commence at 1800 at the Essex Yacht Club on Sunday August 14, 2016.

13. RESPONSIBILITY

- a. The Essex Yacht Club recommends entrants comply with the *US Safety Equipment Requirements for Coastal Races* available from the US Sailing Association and posted on the event website.
- b. The Skipper/Owner has the sole responsibility for the safety of his/her crew and boat. Weather and sea conditions must be evaluated by each Skipper and his/her crew, and each participant is responsible for determining whether it is safe to participate.
- c. The Essex Yacht Club and their respective Race Committees, Officers, Employees, and event related Volunteers, are in no way held responsible for accidents, damage, or injury to property or to boats, crew, or guests arising from any cause during or related to any race or activities associated with the race, and by participating in the race the Skipper/Owner agrees to indemnify and hold harmless each of them from any liability, claim or expense including attorney's fees against any or all of them.